

# FREE Accidental Grief Supporter Workshop

ONLINE | REGISTER NOW

**Time:**  
9.00am - 1.00pm

**When:**  
Wednesday 29 May 2024

**Where:**  
ONLINE VIA ZOOM

**Facilitators:**  
Jennifer Perino  
& Mandy Cox

**Cost:**  
FREE

**Participants:**  
Business, hairdressers, shop assistants, massage therapists, pastoral care workers, welfare officers for community organisations, friends, neighbours.

## About the Workshop

Do you work in a client service context? In the business, hairdressers, shop assistants, massage therapists, pastoral care workers, welfare officers for community organisations, friends, neighbours.

Do you find your clients share stories with you?

Need to talk about a change in their life / a loss that has changed their life.

This training offers some basic skills to support those clients in their grief/distress.

- Understand the difference between support and counselling.
- Gain insight into loss & grief, the diversity of loss and the unique responses in a grief process
- Gain insight to a simple model of grief, the impacts of change and how to respond in order to support and empower an individual struggling with events in their life.
- Feel confident in your skills to respond and support an individual.

## ENQUIRIES:

**NALAG Centre for Loss & Grief**  
Email: [info@nalag.org.au](mailto:info@nalag.org.au)  
Phone: 02 6882 9222

**TO REGISTER:**  
[www.nalag.org.au/training](http://www.nalag.org.au/training)



Grief & Loss Training



**NALAG**  
National Association for  
Loss and Grief (NSW) Inc

