



# Transitions In Later Life Workshop

**Time:**  
9am - 12.30pm

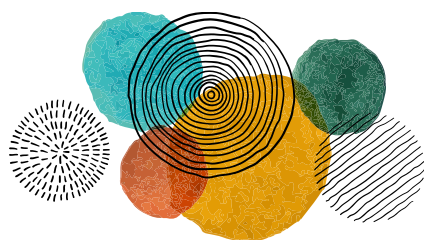
**When:**  
16th February 2024

**Where:**  
ONLINE Via Zoom

This workshop is suitable for family, carers, support workers and volunteers working in an aged care context. Insight into the losses and challenges within the process of aging and the context of palliative care promote an understanding of the challenges for both the individual receiving support and the impact on those working in this area. Self-care and coping will be included in this training.

**Cost:** \$150 per person (inc. GST)

**Registration Essential:** [www.nalag.org.au/training](http://www.nalag.org.au/training)



**NALAG**  
National Association for  
Loss and Grief (NSW) Inc

For more information contact:

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