

# Remembering Ceremony

## Pregnancy & Infant Loss Awareness Day

**Sunday 15th October 2023**

Each year in Australia, approximately 150,000 women experience the loss of a developing or new baby. In addition, around 1,750 babies are stillborn (the baby has died after 20 weeks during a pregnancy) and some 850 babies die in the first 28 days after birth each year.

The loss of a developing or new baby can lead to strong feelings of sadness and grief. Often, however, these emotions that are experienced are minimised or not well understood by family, friends, or others in the community. In addressing the loss and consequent grief experienced by parents, grandparents, siblings, health professionals and the wider effected community the NALAG Centre for Loss & Grief has established a Baby's Remembrance Garden. A special place to remember these little lives gone too soon.

The NALAG Centre for Loss & Grief will host a Remembering Ceremony on International Pregnancy and Infant Loss Day to commemorate little lives gone too soon.

This is a FREE event and we invite attendees to have a special stone engraved to be placed in the garden during the ceremony, or to take home. We will also join the International Wave of Light by light candles in remembrance. Those attending are invited to stay for a light meal at the conclusion of the Ceremony. Please call or drop into the NALAG Centre to select a stone and arrange engraving.

### Remembering Ceremony

**Date:** Sunday 15th October  
**Time:** 6.00pm - 7.30pm  
**Venue:** Nalag Centre or Loss & Grief  
Welchman Street, Dubbo  
**Cost:** FREE + includes light meal  
**RSVP:** By Phone 02 68829222  
E: [info@nalag.org.au](mailto:info@nalag.org.au)

#### More information

**P:** 02 6882 9222  
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**NALAG**  
Centre for Loss & Grief

